

## Southern Regional Medical Center Procedures

YOUR PROCEDURE IS SCHEDULED AT SOUTHERN REGIONAL  
PLEASE REPORT TO OUTPATIENT REGISTRATION ON

\_\_\_\_ / \_\_\_\_ / \_\_\_\_ at \_\_\_\_\_ : \_\_\_\_\_ **am/pm**

You must go 2 days before your procedure date to Outpatient Registration for lab work at your convenience. This will be your pre-registration day. No appointment is necessary to do this. You will give them your written order at that time. The written order is stapled to this instruction sheet.

Outpatient Registration at Hospital hours  
6:00am-7:00pm  
Monday thru Friday

You are to have nothing to eat or drink after midnight the night before your procedure.

Take your regular scheduled medications the morning of the procedure.

**If you take Plavix and/or Aspirin you must continue taking them. IF YOU ARE NOT ALREADY TAKING ASPIRIN BE SURE TO NOTIFY THE OFFICE IMMEDIATELY.**

You must take a list of your medications to the hospital with you.

If you are diabetic and you take Glucophage (Metformin) or any combination diabetic drug that has this medication in it you must hold it for 24 hours before and 48 hours after the procedure. If you use insulin you must half your dose the morning of the procedure. Any other Diabetic meds must be held the day of the procedure.

If you take Coumadin (Warfarin) you must come off of it before the procedure. Please notify us if you do take this medication. Your physician will let you know when to hold your medication as each patient is different. You must stop Coumadin \_\_\_\_\_ days prior to the procedure.

Please notify us if you have had a coronary artery bypass graft in the past as this information is necessary for the physician to know prior to performing your procedure.

Someone will need to be available to drive you home after the procedure. Hospital staff will not allow you to drive yourself. It is also recommended that you do not drive for 48 hours after the procedure. No strenuous activity is allowed for 48 hours after the procedure.

Make sure you have a follow-up appointment with your physician to go over your results. If you can not make this appointment time or date, please call 770-692-4000 if you are a Stockbridge, Locust Grove, or Jackson patient or 770-907-9009 if you are a Riverdale, Fayette, or Peachtree City patient as soon as possible.