**Instructions for Patients with an ICD or Bi-V Device Implant**

Dear Patient:

 1. Appointments

 a. Make an appointment to see Dr. Akshay Gupta one week after the surgery

Riverdale: 770-907-9009

Stockbridge: 770-692-4000

 b. After this appointment, please follow up with your primary cardiologist on a regular basis

 c. You will be contacted by our office to follow up in device clinic to ensure that your device is working properly

 2. Caring for your ICD

 a. Do not shower for 2 days and do not submerge your incision in a bathtub or swimming pool for 4 weeks

 b. Do not raise your arm on the side with the device over the shoulder for 4 weeks; otherwise, use your arms as you normally would

 c. Do not drive for one week

 d. Do not go through airport metal detectors; show the patient identification card to security personnel

 e. Do not hold magnets close to your device

 f. Do not use arc welding equipment

 g. Cell phones (hold on the opposite side), microwaves ovens, and small household appliances are okay to use

 h. Check with your doctor prior to using lawn mowers or leaf blowers

 i. Do not have an MRI

 3. Signs and symptoms to alert your doctor immediately

 a. Redness and swelling

 b. Drainage from the incision

 c. Fever (temperature greater than 100.4 degrees), sweats, or chills

 d. Worsening pain at the incision site

 4. What to do if you receive a Shock from your device

 a. If you receive one shock and feel OK afterward, call our office to schedule an evaluation

 b. If you do not feel well after receiving one shock OR if you receive more than one shock, Call 911 and get to the ER as soon as possible

 5. Patient identification card – Carry this at all times

 a. A temporary card will be provided at the time of implantation

 b. A permanent card will be mailed from the company within 6-8 weeks

 c. Always show this card to physicians and nurses and inform them that you have an ICD or Pacemaker.

Thank you,

Atlanta Heart Associates, P.C.